

For additional detail on any of the classes below, please contact BT-SLO

- Text or phone: (805) 440-1439
- Email: blair@bt-slo.org

Children's Level

Pre/Children's Ballet

Mon, 4:00-5:00pm

Ages 5-8 yrs

We have combined the Pre-Ballet and Children's Ballet classes at this time. The class is a structured ballet class for the passionate young dance artist focusing on basic ballet knowledge, rhythm, musicality, expression, and movement using steps from the folk and classic repertoires.

Creative Dance

Currently not offered

Ages 3-5 yrs

For the developing young dance artist! Expression, storytelling, use of inspirational props and simple folk steps, age appropriate ballet stretches and positions, music appreciation, rhythm, right and left, floor patterns and more!

Pre-Ballet

Currently not offered

Ages 4-6 yrs

For the young aspiring ballet dancer! A more sophisticated introduction to the how and why of classic ballet vocabulary and technique, emphasizing the creativity, rhythm, joy, and freedom of dancing.

Ballet 1 Level (including Performance Groups)

Ballet 1a

Tues, 4:00-5:15pm

Ages 6-10 yrs

For the Children's Ballet graduate or entry-level focused student. A structured ballet class for the passionate young dance artist focusing on basic ballet knowledge, rhythm, musicality, expression, and movement using steps from the folk and classic repertoires.

Ballet 1a Performance Group

Tues, 5:15-6:00pm

Concurrent: Ballet 1a

This class is designed to give Ballet 1a students an opportunity to learn and perform choreography in classic ballet and complimentary dance styles, thereby facilitating their technical training and growth as performing dance artists. Performances include the BT-SLO Holiday production, Youth Performance Showcases, community events throughout the central coast, and youth outreach education opportunities. **Enrollment in Ballet 1a and instructor permission required.**

Ballet 1b

Thurs, 4:00-5:15pm

Ages 7-12 yrs

For the Ballet 1a graduate. A traditional, structured, challenging yet rewarding ballet class for the aspiring young dance artist continuing the foundation in serious study. Movement theory, progressive syllabus, rhythm, musicality, and expression.

Ballet 1b Performance Group

Thurs, 5:15-6:00pm

Concurrent: Ballet 1b

This class is designed to give Ballet 1b students an opportunity to learn and perform choreography in classic ballet and complimentary dance styles, thereby facilitating their technical training and growth as performing dance artists. Performances include the BT-SLO Holiday production, Youth Performance Showcases, community events throughout the central coast, and youth outreach education opportunities. **Enrollment in Ballet 1b and instructor permission required.**

Ballet 2 Level (including Performance Groups)

Ballet 2a **Wed, 4:00-5:15pm** **Ages 9-13 yrs**

For low-intermediate level students taking a minimum of two ballet classes per week. A traditional, structured, challenging yet rewarding ballet class requiring a strong foundation gained in Ballet 1b.

Ballet 2a Performance Group **Wed, 5:15-6:00pm** **Concurrent: Ballet 2a**

This class is designed to give Ballet 2a students opportunities to learn choreography for performances. Performances include the BT-SLO Holiday production, Youth Performance Showcases, community events throughout the central coast, and youth outreach education opportunities. *Instructor permission required.*

Ballet 2b/3a **Mon, 5:00-6:30pm** **Ages 10+**

For high-intermediate level teens and adults studying a minimum of two ballet classes per week. This is a foundational class for more advanced work and pointe. Traditional, structured, musical, challenging yet rewarding ballet class requiring a strong foundation from Ballet 2a or Adult Ballet 2. Progressive syllabus.

Ballet 3 Level

Ballet 3a **Currently not offered**

Currently not offered.

Ballet 3b **Currently not offered**

Currently not offered.

Ballet 4 Level

Ballet 3b/4 & Ballet 4 **Tues & Thurs, 6:00-7:30pm** **Int/Adv level**

For high intermediate through advanced dancers studying a minimum of two ballet classes per week (Ballet 3a & up). The class is rigorous, demanding advanced technique, artistry, and musicality.

Open Level Ballet Classes

Int/Adv Ballet **Sat, 10:30am-12:00pm** **Int/Adv level**

An "open class" full of energy! Recommended for Ballet 2b – Ballet 4; dancers should be prepared for a high-intermediate/low-advanced class. This is a great way to spend Saturday mornings for dancers. Inspiring!

Pointe Classes

Pre/Beg Pointe **Mon, 6:30-7:30pm** **Ages 10+**

For female dancers who maintain a minimum of two Ballet 2/Intermediate classes per week and can demonstrate both a comprehensive knowledge and proficient application of Ballet 2 technique. The class develops pointe technique with correct placement and épaulement, with emphasis on lifted transitions ascending to and descending from pointe, and a musical, pleasing aesthetic.

Int/Adv Pointe **Tues & Thurs, 7:30-8:30pm; Sat, 12:00-1:00pm** **Adv level**

For advanced through professional female ballet dancers studying a minimum of two ballet classes per week (Ballet 3a & up). The class develops professional presentation of the pointe repertoire.

Beg/Int Pointe **Currently not offered** **Ages 11+**

Adv Pointe & Variations **Currently not offered** **Adv level**

Adult Ballet Classes

Adult Ballet 1 **Mon, 7:30-9:00pm** **Beg level**

You may be an adult who danced when younger and now you want to get back into class. Or maybe you are a teen or adult who really wants to start ballet but does not want to be in a class with younger children. Or you may want to take your FIRST ballet class. For any of these cases, this class is for you! We start at the beginning, breaking down all the steps and movements. Great fun in a relaxed atmosphere.

Adult Ballet 2 **Wed, 6:30-8:00pm** **Int level**

This class is a “step up” from the Monday Adult 1 class. It is for intermediate-level adult ballet students. The class is still basic but more complex movements are given with more of the ballet repertoire.

Adult Ballet 1-2 **Sat, 9:00-10:30am** **Beg-Int levels**

An additional class for adult dancers. Multiple classes per week are possible! For beginning *and* intermediate level dancers – the class will be accessible to both levels. High energy and high fun. A great way to start the weekend!